

Addressograph label

Parent/Carer Checklist for discharge with Home Oxygen

No.	Description	Date	Tick ✓ on completion
1.	The patient has been prescribed home oxygen by Consultant Paediatrician		
2.	Parent/carers know what to do in an emergency:		
	• BLS training – which is documented in notes and parent/carers know how this can be kept up to date		
	• Access to telephone for emergency use		
3.	Fire risks and precautions		
	• NO SMOKING AROUND OXYGEN (this includes e-cigarettes)		
	• The local Fire Office has been contacted to inform the Fire Services that oxygen will be stored in the home. Free phone number is 08000 731 999		
4.	Before leaving the hospital the child can be assured that his/her parents/carers:		
	• Have learned how to observe the child's breathing pattern and how to interpret and act on this information. Written information provided		
	• Have written information on safe use of oxygen		
	• Have all the equipment and replacement supplies necessary for the supply of home oxygen		
	• Have had training in the technique and management of the supply of home oxygen and are confident in using the equipment. Written documentation supplied		
	• Home areas assessed re: suitability storing oxygen Nursing Staff/Dolby (please delete as appropriate)		
	• Are able to use a monitor if required		
	• Have list of contact details and know who to contact for different sources of help		
5.	The parents/carers are aware of the systems and are able to:		
	• Order and re order supplies (e.g. cannulae, tape etc.) via oxygen supplier or their Public Health Nurse		
	• Have oxygen delivery equipment replaced, repaired and serviced via oxygen supplier		
	• DLA form explained and assist with completion if required		
	• Confident in safely attaching nasal cannula/face mask		
	• Connection of oxygen tubing. Discuss safety aspects		
	• Nasal cannula should be wiped with a disinfectant wipe or warm soapy water. Never immerse the cannula into water. Cannula and face masks should be left to air dry		
	• Able to calculate oxygen duration time for home/portable cylinders		

No.	Description	Date	Tick ✓ on completion
6.	Families are aware they must contact		
	• Home insurance provider to inform that there is oxygen in the home and housing provider if applicable		
	• Contact electricity supplier to arrange to become a priority customer		
	• Car insurance company of the need to carry oxygen		
	• Ensure oxygen supplier completes concentrator service and meter reading every 3 months		
7.	When travelling outside the home, the patient can be confident that those escorting him/her will transport oxygen safely		
	• No more than 2 cylinders at a time		
	• Keep out of direct sunlight		
	• Cylinders kept in secure position in boot of the car to prevent damage		
	• Ensure adequate air ventilation is in the car		
	• Public transport companies informed of need to carry oxygen before travelling if possible		
	• Cylinders should not be stored in the car, they must be brought into the home when not in use		
	• If using a pram due to weight of cylinder do not attach to the handles of pram		
	• Ensure carry case is used for oxygen cylinder		
	• Check position of baby/child while in car seat, ensuring they are not in the car seat for longer than necessary		
8.	Connection of oxygen tubing. Discuss safety aspects when attending nursery, school or out of school activities the child requiring portable oxygen is assessed, consulted and;		
	• Provided with an oxygen delivery system that suits his/her needs		
	• Is given a school health care plan or management plan		
	• Is given a risk assessment within the school health care plan		
	• Assured that an appropriately trained individual will be present when he/she is using oxygen		
9.	The patient can be assured that the parents/carers will plan holidays or overnight stays in advance and approach the relevant agencies in good time		
	• Parents/carers are aware that Dolby requires at least four weeks' notice to make arrangements prior to going on holiday and that these arrangements are the responsibility of the parents/carers to initiate contact with Dolby prior to the four week period		
	• Discuss Fitness to Fly test if going abroad.		
	• Families sole responsibility to arrange their oxygen with the airline or resort		
	• If staying in the UK family are responsible to supply full details of temporary address and dates for which equipment is required		
	• Confirmation that permission is obtained from property owner to allow the use of equipment, and allow access for delivery and removal of equipment		
	• Parents/carers are aware of early contact with CCN or Complex Respiratory Nurse Specialist if going away from home		

Training completed by: _____

Parent/Carer signature: _____ Date: _____

Information based on Best Practice Statement 2010 'Home Oxygen Therapy for child being cared for in the community'.
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